

Telephone Contact Sheet (Do not return this sheet)

About two weeks prior to your departure, the CIMI Cherry Cove office will contact the attending group leader to discuss details of your trip. Below is the list of information we will cover at that time. Please keep this in a convenient location so that you can give or note any pertinent information.

Group _____ Program dates _____ 3 day 5 day

Attending Group Leader _____ Have you been to CIMI before? _____

School Phone Number _____ Home Phone Number _____

NUMBERS: * Please call the CIMI office @ 310.510.0071 three weeks prior to your trip with your final numbers.

- Number of spaces written on contract: _____
 - Number of Students _____ (M _____ F _____) x Number of Adults _____ = Final count _____

BOAT TRANSPORTATION:

The boat terminal is located at the Queen Mary in Long Beach. See Map for directions.

- Ferry Departure time from Long Beach: _____ Departure time from Two Harbors: _____
- Ferry Arrival time at Two Harbors: _____ Arrival time at Long Beach: _____
- Assigned luggage color, mark all luggage with a tag of this color: _____
- Bring sack lunches (to be eaten on boat) _____

GROUP ASSIGNMENTS: (should be assigned and told to students prior to arrival)

1. Assigned # of study groups: _____ (Limit to 15 students and divide groups evenly).
 2. Tent assignments: (2 people per tent): _____
-
3. Meal set up/clean up: Students will meet to set up and clean up dining hall for their school group.
 4. There are 5 meals for 3-day group, 11 meals for 5-day group; approx. 10 people per table.)

IMPORTANT ITEMS TO BRING:

- | | |
|--|--|
| ___ Sunscreen and sunglasses | ___ Plastic trash bag for wet things |
| ___ Warm clothing, rain gear & hat | ___ Warm sleeping bag and pillow (no heat) |
| ___ Prescription medication if needed!! | ___ Water bottles and flashlights |
| ___ Money if going to camp store | ___ Day Temps |
| ___ CIMI Store Prices: | ___ Night Temps |
| Hooded Sweatshirts _____ XXL Hooded Sweatshirts _____ Short Sleeve T's _____ | |
| Hats _____ Beanies _____ Other _____ | |

IMPORTANT DETAILS TO KNOW/REMEMBER:

- ___ Please leave valuables at home (walkman, radios, jewelry, CD's, iPods, etc.)
- ___ Tents (Canvas A-frame two person tents)
- ___ Walking in from Two Harbors (1^{1/4} mile)
- ___ Have you sent your Program Planner and Statement of understanding (blue/green and yellow sheet)?
- ___ Bring medical forms for students and chaperones with you. Make sure they are signed and divided into groups.
- ___ We need to keep the medical forms so if you need copies please make them at school ahead of time.
- ___ Bring signed Camp Participant's Release and Waiver of Liability forms for all chaperones (needed to participate).

PROGRAMS: Confirm program selections on Program Planner sheet that you returned.

- | | | | | |
|-------------------------|-----------------------|--|----------------------|------------------------------------|
| ___ Orientation Snorkel | ___ Tidepool/Plankton | | ___ Night Snorkel | ___ Environmental Awareness |
| ___ Basic Snorkel | ___ Marine Labs | | ___ Marine Mammals | ___ Catalina Land and Sea |
| ___ Kayak | ___ Day Trip | | ___ Deep Sea | ___ Sharks |
| ___ Terrestrial hike | | | ___ Astronomy | ___ Campfire (school led activity) |
| ___ Geology/Mini-hike | | | ___ Squid Dissection | |

MEAL AND DIETARY INFORMATION:

Due to the logistics of ordering food on the island, it is difficult for the chef to accommodate last-minute dietary (or birthday) "surprises" upon the school's arrival. Please assist us by obtaining the information below. The medical release forms should be consulted for food allergies. Please collect these at an early date so that you will have the appropriate information. **We will ask for this during our telephone contact 2 weeks prior to your arrival. We can offer no assurance after this time.**

If a student's condition is relatively complex have a parent call us.

- _____ Number of Vegetarians.
- _____ Number of Vegan Vegetarians.
- _____ Number of non-dairy or lactose intolerants.
- _____ Dietary Allergies (peanuts, eggs, wheat). _____
- _____ Birthdays while at camp. _____
- _____ Sandwiches will be provided on day of departure.

MEDICAL INFORMATION:

Please double-check to ensure students have all necessary prescriptions with them! (We are located 1 1/2 hours via hilly dirt roads from the nearest, and only, pharmacy.)

If this is your first visit and you have any concerns about a student's condition please call us for assistance. Encourage the parent to come if it makes you uncomfortable.

- Asthmatics (must bring inhalers no matter how mild the condition) _____
(students may not participate in water activities without their inhalers)
 - Fatal Allergies (bee stings, poison ivy, peanuts) _____
 - Epi-pen _____
 - Diabetics (may bring snacks) _____
 - Weight Problems (may need to walk around a lot) _____
 - Wheel Chair _____
 - Broken Bones _____
 - Ritalin or other behavior medication _____
 - Other Conditions _____
-
-

FINAL REVIEW:

- Chaperones need to be active participants in all activities including snorkeling and kayaking.
- Campfires are led by the group / school (we provide the fire).
- Lunches should be brought by the students and eaten before arrival.
If traveling by plane or long distances you may order sandwiches and chips through our produce distributor and they will be waiting at the Ferry Terminal. To order call Emilio with A-1 Produce @ 310.833.3430.
- Remember to divide students into research groups and tent partners before arriving at Cherry Cove.
- Students should know their tent assignments and group number prior to their arrival.
- Chaperones are responsible for students during free time.
- Students are discouraged from using the office, pay, or cellular phones.
- **If it is raining when you get to the terminal, make sure that everyone takes his or her rain gear on the boat because they will not have a chance to get to it until they are back at camp.**